

Non-Violent Crisis Intervention® Training Program

- ☞ *Do you know how to take control in an out-of-control-situation?*
- ☞ *Would you react with confidence and security instead of fear and confusion?*

This is an opportunity to earn from 6 to 9 hours of credit! An opportunity to learn! Take part in the Nonviolent Crisis Intervention Training Program. Learn how to prevent disruptive behavior as well as diffuse potentially dangerous situations while protecting yourself and others.

If someone in your care became disruptive or assaultive—what would you do?

- It's difficult to predict exactly how you might respond during a crisis. Yet, in the education arena, you face challenging behavior and potentially dangerous situations every day. How you respond greatly determines the safety of everyone involved—and profoundly impacts the relationships with those around you. Are you prepared?
- The Nonviolent Crisis Intervention® program, developed by the Crisis Prevention Institute (CPI), not only teaches staff to respond effectively to the warning signs that someone is beginning to lose control, but also addresses how staff can deal with their own stress, anxieties, and emotions when confronted with these challenging situations.
- You can learn how to take control of an out-of-control situation. Any type of crisis incident—from a verbal outburst to physical aggression—is an unsettling experience for everyone involved. Human service providers who are responsible for the safety of others as well as their own staff are especially likely to feel frightened, confused, and worst of all, wondering: “What could I have done to prevent this from happening?” In fact, staff's own attitudes, fears, and anxieties can greatly influence whether a crisis is prevented or further escalates.

You'll feel calm and confident—instead of fearful and confused.

Of course, not every incident can be prevented. However, many situations can be defused early on if staff have the proper training and learn how to respond productively during crisis moments.

You'll learn how to promote safety and dignity—always.

The Nonviolent Crisis Intervention® training program is a holistic behavior management system based on the philosophy of providing the best Care, Welfare, Safety, and Security for staff and those in their care, even during the most violent moments. The program focuses on preventing disruptive behavior by communicating with individuals respectfully and with concern for their well-being. The program teaches physical interventions to be used only as a last resort—when an individual presents an imminent danger to self or others—and all physical interventions taught are designed to be non-harmful, non-invasive, and to maintain the individual's dignity. Follow-up debriefing strategies are also key components of the training program.

YOU MAY CHOOSE FROM ONE OF THE FOLLOWING THREE COURSE PLANS...

- 1) Attend only parts I and II, but you must attend both. Part I is a prerequisite of part II and part II must be taken within 30 days of part I.
- 2) Attend all three parts in 3 – 3 hour sessions. Part I is a prerequisite of part II and part II is a prerequisite of part III. You must attend part III to become a member of a site Non-Violent Physical Crisis Intervention Team.
- 3) Attend all three parts consecutively in one 9 hour session.

Part I: (3 hrs) Prerequisite: None

- Recognize crisis in terms of 4 identifiable behavior levels
- Match each behavior level with a corresponding staff approach
- Prevent and de-escalate crisis through verbal and non-verbal communication
- Identify causes of escalating behavior

Part II: (3 hrs) Prerequisite: Part I

- Learn how fear and anxiety work for you in a crisis situation
- Practice personal safety techniques
- Examine alternate behaviors to acting out

Part III: (3 hrs) Prerequisite: Part II

- Learn how to control physically aggressive individuals in a non-harmful way
- Understand the importance of using a team approach
- Demonstrate a safe, non-harmful transport technique

NON-VIOLENT CRISIS INTERVENTION TRAINING TIMELINE

❶ **Initial Training** - Parts 1 and 2 or Parts 1, 2 and 3 – The employee becomes certified in NVCI.

❷ **Refresher Training** – 3 hours on 1 and 2 or 1, 2 and 3 – Refresh skills 12 months after completing a full course.

❸ **Recertification Training** - Parts 1 and 2 or 1,2 and 3 – Recertifies the employee in NVCI every 24 months.



**Register by calling Curriculum & Professional Learning at:
686-7561.**

Salary/Step Credit may be available with this training check with Curriculum & Professional Learning when you register.

☞ You can schedule a custom course for your site by calling Risk Management at 686-7775. Staff from your site will receive priority registration for your course.

NVCI Training Schedule 2009 – 2010

	Part I	Part II	Part III	Refresher
Date	7/16	7/16		
Time	8:30 am – 11:30 am	1:30 pm – 4:30 pm		
Location	TBA	TBA		
Course #	964716	964816		
Date	8/17	8/18		
Time	12:30 pm – 3:30 pm	12:30 pm – 3:30 pm		
Location	Trigg – C&D	Trigg – C&D		
Course #	964717	964817		
Date				9/23
Time				4:00 pm – 7:00 pm
Location				Trigg – C&D
Course #				955710
Date	10/28	10/29	10/30	
Time	4:00 pm – 7:00 pm	4:00 pm – 7:00 pm	4:00 pm – 7:00 pm	
Location	Trigg – C&D	Trigg – C&D	Trigg – C&D	
Course #	964718	964818	964910	
Date				11/12
Time				4:00 pm – 7:00 pm
Location				Trigg – C&D
Course #				955711
Date	12/7	12/7		
Time	4:00 pm – 7:00 pm	7:00 pm – 10:00 pm		
Location	Trigg – C&D	Trigg – C&D		
Course #	964719	964819		
Date				1/27
Time				4:00 pm – 7:00 pm
Location				Trigg – C&D
Course #				955712
Date	2/8	2/10	2/11	
Time	4:00 pm – 7:00 pm	4:00 pm – 7:00 pm	4:00 pm – 7:00 pm	
Location	Trigg – C&D	Trigg – C&D	Trigg – C&D	
Course #	964720	964820	964911	
Date				3/24
Time				4:00 pm – 7:00 pm
Location				Trigg – C&D
Course #				955713
Date	4/26	4/28	4/29	
Time	4:00 pm – 7:00 pm	4:00 pm – 7:00 pm	4:00 pm – 7:00 pm	
Location	Trigg – C&D	Trigg – C	Trigg – C&D	
Course #	964721	964821	964912	
Date				5/12
Time				4:00 pm – 7:00 pm
Location				Trigg – C&D
Course #				955714
Date	6/23	6/24	6/25	
Time	4:00 pm – 7:00 pm	4:00 pm – 7:00 pm	4:00 pm – 7:00 pm	
Location	Trigg – C&D	Trigg – C	Trigg – C&D	
Course #	964722	964822	964913	