

# MONTEREY TRAIL HIGH SCHOOL ATHLETICS



## "Home of the MUSTANGS"

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## 2008-09 ATHLETIC AWARD BANQUET

THURSDAY, MAY 28th - 6:30-8:30pm  
MTHS CAFETERIA

### EXPLANATION OF AWARDS

#### **Athletic Council**

These athletes were chosen to represent their respective teams (by their teammates) based on their leadership abilities. Their communication skills are extremely important in relaying information to & from the Athletic Director, Coaches, & athletes. They are held to a higher standard of citizenship to help form a unified and successful Athletic Department.

#### **Most Improved Athlete**

This award is presented to the Athlete which shows the most improvement within the entire Athletic Department. Improvement could be demonstrated in many ways including: skills, fitness level, character, grades, effort, leadership, commitment, etc. Athletic Council & Head Coaches will nominate deserving athletes to be voted on.

#### **Coach of the Year**

This award will consist of 2 coaches per year. One will be a Head Varsity Coach the other will be an Assistant Varsity Coach or Coach from the JV or Frosh level. The Athletic Council will nominate the coaches and vote.

#### **Comeback Athlete of the Year**

This award is presented to an Athlete within the entire Athletic Department which overcomes extreme adversity or hardship to excel in their sport(s). Adversity and/or hardship includes: injury, family struggles, academic struggles, etc. Athletic Council & Head Coaches will nominate deserving athletes to be voted on.

#### **Scholar Athlete Award**

Senior Athletes who have earned at least 2 Varsity Letters (1 of which must be earned during the Senior year) and maintained at least a 3.7 cumulative G.P.A. during their High School Career. Never quit a sport.

#### **Senior Honor Cord Recipient**

4 Varsity Letters earned with cumulative 3.0 GPA (1 of which must be earned during the Senior year)  
4 Varsity Letters earned with 40 hours of community service (1 of which must be earned during the Senior year)  
6 Varsity Letters earned  
Never quit a sport.

#### **3-Sport Athletes**

These athletes embody the MTHS Athletic Philosophy of the Multi-Sport Athlete. They have dedicated themselves to MTHS, sacrificing and managing their family, academic and free time in behalf of Monterey Trail High School. Many of these athletes excel at all 3 sports, others are better at one or the other - either way the competitive skills that they develop and refine on a daily basis, shape their lives for a successful future.

#### **Athlete of the Year**

The top Senior Male & Female Athletes will be named and forever honored at MTHS. Head Coaches will nominate and vote for the award recipients. Criteria includes: Athlete must be at least a 2-sport Athlete & demonstrate high character & citizenship as a representative of MTHS. Never quit a sport.

#### **Team of the Year**

This award will honor our league, section, nor-cal and state championship teams. The award is chosen by the Head Coaches based on the combination of achievement / record, character / citizenship, G.P.A., and most importantly teamwork.