

Monterey Trail Men's Volleyball Program Policies and Procedures

Volleyball athletes understand that teamwork and discipline are keys to the success of the volleyball program. Players are dedicated to promoting good sportsmanship, enthusiasm, and a positive winning attitude through example. Adherence to the Policies and Procedures is vital to achieving these goals. All members realize that the manner in which they conduct themselves, in or out of uniform or during games and tournaments, directly reflects on the entire team and school.

It is recognized that these Policies and Procedures are necessary to maintain team morale, team and individual discipline, and effective learning. Consistent enforcement of Policies and Procedures is also necessary to ensure the safety and general wellbeing of each individual athlete. Participation in volleyball is voluntary, not mandatory. It is a privilege, not a right, and may be revoked by school personnel when an athlete violates the Policies and Procedures.

1. Promoting good sportsmanship by way of example is required at all times. Players must not use foul language at practices, in school, at games, tournaments, etc.
2. Public displays of affection are never considered appropriate, especially in uniform, at games or in school.
3. Proper appearance is required at all times, with clothing appropriate to the occasion.
4. Players must arrive to practice on time, wearing proper shoes and clothing.
5. All matches, tournaments, training sessions, meetings, and related activities scheduled by the coach are mandatory. Notify the coach in advance of an excused absence. If an athlete misses a practice, they will not start the next match. It will be the coach's discretion when they enter the match.
6. On home game days, Junior Varsity members are required to arrive at 3:30. Varsity Members are required to arrive at 5:00. On away game days and tournament days, athletes are expected to arrive 15 minutes prior to the scheduled departure.
7. All players must know all the plays, serve receive formations, and responsibilities for the match.
8. Socializing with friends during warm-ups, Junior Varsity, or Varsity games is not allowed.
9. Cell phones need to be turned off during practices, matches, or tournaments.
10. If a player wishes to leave an event with a parent/guardian instead of riding the bus, then the parent may sign them out. Athletes may ride home with their parent only.
11. Office hours for each coach are following a practice. Parents and/or players may use this time to discuss any concerns, positives, etc. with the coach

Abuse of any Code of Conduct and all student-eligibility requirements may result in one or more of the following:

1. Removal of the athlete from the team for one or more games
2. Removal of the athlete from the team for the remainder of the sports season.
3. Forfeiture of award(s) for that particular sport.

Parents and athletes must recognize that coaches are granted broad discretion and autonomy over general team matters, including roster selection, participation, playing time, selection of starting athletes, recognition of athletes, and recommendations for award recipients.

Monterey Trail Volleyball Code of Conduct

1. I will learn how to set goals, live by them, and develop a lifestyle that will produce success on the court and off the court.
2. I will overcome the urge to complain, think negatively, backstab, take part in cliques, act selfishly, or to engage in any other unnecessary behavior that disrupts team chemistry.
3. I will maintain my academic life on a solid foundation throughout my career, never creating problems for the team because I failed to take care of my academic responsibilities.
4. I will become an ambassador of our program, going out of my way to make friends and students feel great about being around Monterey Trail Volleyball.
5. I will show frequent and genuine appreciation to those who work on our behalf (managers, administrators, support personnel, etc.)
6. I will operate with a high level of gratitude and respect for what has been provided for me in this program (e.g. keeping locker and team rooms clean, picking up after myself at practice, turning in equipment and apparel in acceptable fashion, keeping busses neat during use, etc.) and I will do all of this with a sense of pride.
7. I will be accountable for all team requirements (e.g. completing tasks, being dependable, being on time, being at each practice and game, etc.) and I will do this with a sense of pride.
8. I will accept the decisions of the coaching staff regarding playing time. I will support my teammates when I am not in a match.

Our signatures below indicate that we have read and agree to comply with the contents of the Monterey Trail Volleyball Policies and Procedures. We agree that the athlete will attend all practices and games. This implies that the high school team's activities take precedent over any club, recreational or non-school events.

PRINTED NAME OF STUDENT/ATHLETE: _____

SIGNATURE OF STUDENT/ATHLETE: _____

PRINTED NAME OF PARENT/GUARDIAN: _____

SIGNATURE OF PARENT/GUARDIAN: _____

DATE: _____