



EGUSD-Nutrition Integration Chart

Sixth Grade-Exercise Your Options

Lesson Name and Number

Lesson Standards & Integration of Subjects

	1	2	3	4	5	6	7	8
	Options, Choices, Decisions	Food Group Experts	Lunch at the Mall	Power Up for Breakfast	Food Records	Keep Moving, Keep Fit!	Roadblock Busters	A Brand New Day!
Health Standards (EGUSD)	1.1.F	1.1.C, 1.1.F	1.1.C	1.1.C	1.1.C	1.1.C	1.1.C, 1.1.F	1.1.C, 1.1.F
Language Arts Standards (CA)	Rdg 2.0, 2.2 WS 1.0,1.1 WOELC 1.0 WA 2.2	Rdg 2.0, 2.2, 2.3, 2.4 WOELC 1.0	Rdg 2.0 WOELC 1.0	Rdg 2.0 WS 1.1 WOELC 1.0 WA 2.2	Rdg 2.0 WOELC 1.0	Rdg 2.0 WOELC 1.0	Rdg 2.0 WS 1.1 WOELC 1.0 WA 2.2	Rdg 2.0, 2.2 WS 1.1 WOELC 1.0 WA 2.2
Open Court Themes (for integration)	Unit 1	Unit 2	Unit 3	Unit 3	Unit 3	Unit 4	Unit 5	Unit 6
Mathematics Standards (CA)		MR 2.4 NS 1.1, 2.0 AF 1.1 SDAP 2.3	NS 2.0 MR 2.1, 2.4	NS 2.1	NS 2.0 MR 2.4	MR 2.4	SDAP 3.1, 3.2, 3.3 MR 1.1	
Scott Foresman Chapters (for integration)		Chapter 1	Chapters 1 & 2	Chapters 1 & 2	Chapter 3	Chapter 3	Chapter 11	
Science Standards (CA)	FES 1a, 1b IE 7e	IE 7d			IE 7d	FES 3b IE 7d	FES 6a, 6c IE 7c	
Physical Education Standards (National)						Standards 3, 4, 5	Standard 4	Standards 3, 4

Standards Abbreviation Key: **Language Arts:** *Rdg*=Reading, *WOELC*=Written and Oral English Language Conventions, *WS*=Writing Strategies, *WA*=Writing Applications, **Math:** *NS*= Number Sense, *AF*= Algebra & Functions, *SDAP*=Statistics, Data Analysis, and Probability, *MR*=Mathematical Reasoning, **Science:** *FES*=Focus on Earth Science, *IE*=Investigation & Experimentation