

SHELDON HIGH SCHOOL ATHLETICS  
 "Home of the Huskies"



Cross Country  
 2009

DAY	DATE	OPPONENT/EVENT	SITE	LEVEL	START TIME
Wednesday	9/2	Lodi Flame Invitational	Lodi Lake	All	3:30
Saturday	9/5	Lagoon Valley Classic	Vacaville/Lagoon Valley Park	All	8:40
Saturday	9/19	Nevada Union Invitational	Nevada Union H.S.	All	8:50
Saturday	9/26	Frogtown Invitational	Angels Camp	All	12:00
Saturday	10/3	Yolo County Invitational	Woodland/Muller Vineyard	All	9:30
Wednesday	10/7	League Center*	Granite Regional Park	All	4:00
Saturday	10/10	Clovis Invitational	Fresno/Woodward Park	Varsity	TBA
Saturday	10/17	Bronco Invitational	Folsom HS/Willow Hills	All	9:00
Saturday	10/24	Eagle Invitational	Lodi Lake	All	8:40
Saturday	10/31	League Championships*	Folsom HS/Willow Hills	All	9:00
Saturday	11/7	Sub-Sections	Angels Camp	All	9:30
Saturday	11/14	Section Championships	Folsom HS/Willow Hills	All	9:00
Saturday	11/28	State Meet	Fresno/Woodward Park	Varsity	TBA

\*Denotes Delta River League Meet

Address: 8333 Kingsbridge Drive, Sacramento, CA 95829

Phone: (916) 681-7500  
 ext. 8126

Head Coach	Glenn Rogers	Mascot	Huskies
Asst. Coach	Brenda Keebaugh	Colors	Teal, Black & White

Principal	Paula Duncan
Athletic Director	Denise Aguilar
Athletic Trainer	

team website: [etamz.com/sheldoncrosscountry](http://etamz.com/sheldoncrosscountry)