

# EGUSD Food and Nutrition Services

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Jul 20, 2009 thru Aug 31, 2009 Spreadsheet - Portion Values

Jul 16, 2009

## 10 Afterschool Snack

	Portion Size	Cals	g Carb
<b>Mon - 07/20/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cracker, Scooby-Doo Graham AS	1 each	120	20.00
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		219	45.65
% of Calories			83.4%

<b>Tue - 07/21/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Fruit & Grain Bar, Apple AS	1 each	140	26.00
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		225	47.75
% of Calories			84.7%

<b>Wed - 07/22/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie Waffle Blueberry AS	1 each	104	18.03
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		186	39.63
% of Calories			85.1%

<b>Thu - 07/23/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
CHEESE STRING CHEESE AS	1 each	86	1.09
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		185	26.74
% of Calories			57.9%

<b>Fri - 07/24/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cracker Dolphin 100/.75 oz AS	1 package	92	13.36
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		177	35.11
% of Calories			79.2%

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# EGUSD Food and Nutrition Services

	Portion Size	Cals	g Carb
<b>Mon - 07/27/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
CRACKER ANIMAL 200/1 oz AS	1 package	130	21.00
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		215	42.75
% of Calories			79.4%

<b>Tue - 07/28/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
cracker, Goldfish Graham AS	pouch	120	19.00
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		203	40.60
% of Calories			80.2%

<b>Wed - 07/29/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
SUNFLOWER SEEDS HON 144/1OZ AS	1 oz.	170	8.00
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		269	33.65
% of Calories			50.0%

<b>Thu - 07/30/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie, Strawberry Dino Gra AS	bag	107	18.43
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		192	40.18
% of Calories			83.6%

<b>Fri - 07/31/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie Oatmeal 1 oz 2 Each	2 cookies	258	38.46
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00

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Jul 20, 2009 thru Aug 31, 2009 Spreadsheet - Portion Values  
10 Afterschool Snack

Jul 16, 2009

	Portion Size	Cals	g Carb
Weighted Daily Average		340	60.06
% of Calories			70.6%

Mon - 08/03/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
CHEESE STRING CHEESE AS	1 each	86	1.09
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		185	26.74
% of Calories			57.9%

Tue - 08/04/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookies, Chortles, AS	1 each	114	18.97
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		199	40.72
% of Calories			81.7%

Wed - 08/05/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
cracker, Goldfish Graham AS	pouch	120	19.00
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		203	40.60
% of Calories			80.2%

Thu - 08/06/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cracker Dolphin 100/.75 oz AS	1 package	92	13.36
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		191	39.01
% of Calories			81.8%

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# EGUSD Food and Nutrition Services

## 10 Afterschool Snack

	Portion Size	Cals	g Carb
Fri - 08/07/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie Waffle Blueberry AS	1 each	104	18.03
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		189	39.78
% of Calories			84.0%

Mon - 08/10/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Fruit & Grain Bar, Apple AS	1 each	140	26.00
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		225	47.75
% of Calories			84.7%

Tue - 08/11/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie, Strawberry Dino Gra AS	bag	107	18.43
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		189	40.03
% of Calories			84.6%

Wed - 08/12/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie Oatmeal 1 oz 2 Each	2 cookies	258	38.46
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		357	64.11
% of Calories			71.9%

Thu - 08/13/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cracker, Scooby-Doo Graham AS	1 each	120	20.00
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		205	41.75
% of Calories			81.3%

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# EGUSD Food and Nutrition Services

	Portion Size	Cals	g Carb
<b>Fri - 08/14/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
SUNFLOWER SEEDS HON 144/1OZ AS	1 oz.	170	8.00
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		253	29.60
% of Calories			46.9%

<b>Mon - 08/17/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cracker, Scooby-Doo Graham AS	1 each	120	20.00
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		219	45.65
% of Calories			83.4%

<b>Tue - 08/18/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Fruit & Grain Bar, Apple AS	1 each	140	26.00
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		225	47.75
% of Calories			84.7%

<b>Wed - 08/19/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie Waffle Blueberry AS	1 each	104	18.03
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		186	39.63
% of Calories			85.1%

<b>Thu - 08/20/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
CHEESE STRING CHEESE AS	1 each	86	1.09
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00

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# EGUSD Food and Nutrition Services

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Jul 20, 2009 thru Aug 31, 2009 Spreadsheet - Portion Values  
10 Afterschool Snack

Jul 16, 2009

	Portion Size	Cals	g Carb
Weighted Daily Average		185	26.74
% of Calories			57.9%

Fri - 08/21/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cracker Dolphin 100/.75 oz AS	1 package	92	13.36
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		177	35.11
% of Calories			79.2%

Mon - 08/24/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
CRACKER ANIMAL 200/1 oz AS	1 package	130	21.00
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		215	42.75
% of Calories			79.4%

Tue - 08/25/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
cracker, Goldfish Graham AS	pouch	120	19.00
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		203	40.60
% of Calories			80.2%

Wed - 08/26/2009			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
SUNFLOWER SEEDS HON 144/1OZ AS	1 oz.	170	8.00
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		269	33.65
% of Calories			50.0%

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# EGUSD Food and Nutrition Services

## 10 Afterschool Snack

	Portion Size	Cals	g Carb
<b>Thu - 08/27/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie, Strawberry Dino Gra AS	bag	107	18.43
Juice Apple 70/6oz AS	6 oz	85	21.75
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		192	40.18
% of Calories			83.6%

<b>Fri - 08/28/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cookie Oatmeal 1 oz 2 Each	2 cookies	258	38.46
Juice Orange 6oz case	6 oz	83	21.60
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		340	60.06
% of Calories			70.6%

<b>Mon - 08/31/2009</b>			
10 Afterschool Snack	Total		
Order # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
Cracker, Scooby-Doo Graham AS	1 each	120	20.00
Juice Fruit Blend 70/6oz AS	6 oz	99	25.65
ADD/SUB	1	0	0.00
SUBSTITUTION	1	0	0.00
Weighted Daily Average		219	45.65
% of Calories			83.4%

Weighted Average		221	41.29
			74.9%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	221		0				
Carbohydrate (g)	41.29	74.85%	0.00				

Note: \* - asterisk denotes nutrients with either missing or incomplete nutrient data.

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