



# SCHOOL MEALS ROCK !!!

## SECONDARY LUNCH MENU 2009-2010

### ENTRÉE CHOICES

#### NEW ENTREES

- Chipotle Patty Melt
- Fiesta Rice Bowls
- Fish Tacos
- Fruit & yogurt Parfait
- Grilled Chicken Sandwich

#### DAILY OFFERINGS

- Bean & Cheese Burrito
- Chicken Sandwich – crispy or spicy
- Deli Subs Sandwiches – variety
- Fresh Large Salads – variety
- Nachos
- Pizza
- Tacos – chicken or beef

#### SPECIALS

- |                            |                              |
|----------------------------|------------------------------|
| • Cheeseburger             | • Cheese Sticks w/Marinara   |
| • Chicken Tenders          | • Chili Cheese Nachos/Wedges |
| • Chimichangas             | • Enchirito, beef or bean    |
| • Fish Sandwich            | • Mandarin Chicken w/ rice   |
| • Philly Cheese Steak      | • Pizza Pocket               |
| • Pretzel w/ Cheese Sauce  | • Rib-a-Que                  |
| • Teriyaki Chicken w/ rice | • Turkey Burger              |
| • Turkey Wrap              | • Veggie Burger              |

#### The Harvest Bar

A student may choose 2 fruit or vegetable choices with his/her meal. We offer a variety of fresh fruits and vegetables daily, apples, oranges, bananas, and seasonal fruits along with carrots, baked potatoes and garden salads.

We also offer 2 juice options, a Capri Sun or a Slushie – both made with 100% juice.

#### Milk

We offer 2 types of milk – 1% White Milk & Nonfat Chocolate Milk

### Secondary Lunch price

**\$2.75**



An **EASY** way to pre-pay for your student's meals is by going to [www.myLunchMoney.com](http://www.myLunchMoney.com) and click on ENROLL NOW. This service allows parents to view student purchases, set spending limits and even sends an email when account balances are low.

\*\* menu items subject to change & may vary by site.