

ELK GROVE UNIFIED SCHOOL DISTRICT
ELK GROVE, CALIFORNIA

RESOLUTION NO. 40, 2013-14

ESTABLISHMENT OF NATIONAL NUTRITION MONTH

WHEREAS, the Board of Education of the EGUSD is committed to the health and well being of all students; and

WHEREAS, being overweight and physically unfit has become a major health problem for children throughout the country, a problem that is of grave concern to the Surgeon General, health professionals, parents, policymakers, and children themselves; and

WHEREAS, the type, quality, and amount of food that individuals consume plays a vital role in their overall health, fitness, and academic success; and

WHEREAS, one of the fundamental goals of education is to prepare students to make informed and thoughtful decisions about their own health and futures;

THEREFORE, BE IT RESOLVED, by the Governing Board of the Elk Grove Unified School District, hereby recognizes and encourages all district employees to join the campaign by becoming proactive in their nutrition and physical activity habits and by educating students on positive nutrition and physical activity habits and declares the month of March as National Nutrition Month.

