



County of Sacramento

February 27, 2020

Dear Families:

Sacramento County Public Health is monitoring the global novel coronavirus (COVID-19) outbreak closely and working with our partners at the Centers for Disease Control and Prevention (CDC) and California Department of Public Health (CDPH).

Sacramento County Public Health has coordinated the healthcare of an individual from another county who has tested positive for COVID-19 and is in isolation. The individual has no history of travel to China and no known contact with a confirmed COVID-19 case. The hospital treating this patient has taken a series of precautions to monitor and protect employees who had contact with the patient, which includes home quarantine for some employees. These quarantines apply only to specific employees with documented contact with the patient. They do not apply to the affected employees' families or housemates.

We understand you may have concerns and anxiety about COVID-19, but please be assured that there is no need for alarm or to change daily routines. Students and school staff should go about their daily lives and practice the same precautions you do during cold and flu season:

- Stay home if you have a fever or are feeling sick. Unless sick, students and staff should continue to attend school.
- Cover your nose and mouth with a tissue or your sleeve (not your hands) when sneezing or coughing.
- Wash your hands with soap and water often. Use an alcohol-based hand sanitizer if soap and water are not available.
- Get your flu shot. The flu vaccine won't protect against COVID-19, but it is highly recommended to help keep you healthy.

Some students may come to school wearing face masks. The CDC does not recommend the use of face masks among healthy individuals, however, it is important that anyone wearing a mask be treated with respect and not fear. N95 respirator masks are not designed for and should not be worn by children.

Students and school staff with recent travel:

Individuals with recent travel from areas with widespread or sustained community transmission should be alert for respiratory symptoms such as cough, shortness of breath, and fever. If they become symptomatic, these individuals should not report to work or school and should contact their medical provider to report their symptoms and travel history. **As of February 26, 2020, the CDC has identified the affected geographic areas as China, Iran, Italy, Japan, and South Korea.**

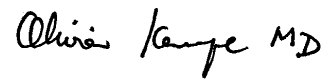
Sacramento County Public Health will continue to provide updates if local conditions change.

To learn more, visit:

www.cdc.gov/coronavirus/2019-ncov/index.html (CDC)

www.scph.com (SCPH)

Sincerely,

A handwritten signature in black ink that reads "Olivia Kasirye MD". The signature is written in a cursive style.

Olivia Kasirye, MD, MS
Public Health Officer