

Lub Ib Hli 15, 2021

Nyob Zoo EGUSD Cov Tub Ntxhais Kawm Ntawv, Cov Tsevneeg thiab Cov Tibneeg Ua Haujlwm,

Cov tub txawg tub ntse saib rau kev noj qab haus huv kuj muaj xov zoo yuav hais txog COVID-19 rau yav tom ntej no. Los ntawm tej no, peb yuav rov muaj peb yam (in-person services) uas yog kev pab tim ntsej tim muag dua pib lub Ib Hli 19, 2021.

- 17 ASES (After School Education and Safety) nyob rau tom lub tsev kawm ntawv- uas qhia tim ntsej tim muag
- Muaj xeem (assessments) tim ntsej tim muag
- Muaj ua kisas tim ntsej tim muag nyob rau qib siab secondary [athletic](#) thiab /lossis [extracurricular](#) kawm lwm yam activites.
 - Tasnrho cov kev kawm xyaum ua kisas (conditioning) los yuav tsum tau ua sab nraud zoov txhua lub sijhawm xwb:
 - Looj lub npog ntsejmuag – Cov tuaj koom yuav tsum tau looj lub npog ntsejmuag thaum ua activity, txawm hais tias yuav tsum tau siv zog tawm dag zog li ua tau (nyob rau sab nraud zoov) tshwj yog hais tias lub npog ntsej muag ntawd yuav ua rau muaj teebmeem (hazard). Lub npog ntsejmuag yuav tsum muab looj txawm hais tias tsi koom rau ib qhov activity twg los xib (xws li, tuaj nyob ib cag saib, lossis tsi hais mus thiab los ntawm lub chaw xyaum kisas).
 - Yuav tsum tau nyob nrug deb txhua lub sijhawm li (6ft.)
 - Cohorts – 27 leej nyob rau ib qhov Pod (qhov no xam tus coach tibi)
 - Cov npas thiab tej khoom siv (equipment) siv tau tiamsis yuav tsum tau muab ntxuav kom huvsu txhua zaus uas siv tas.
 - Yuav tsum tau ua raws nraim li lub District COVID–19 [Athletics Plan](#) thiab/lossis [Extracurricular Plan](#)

Ib qhov xovxwm zoo txhawb zog ntxiv yog Sacramento County Public Health yuav tau pib txhaj cov tshuav tiv thaiv sai rau tus kabmob COVID-19 nyob rau Phase 1b, uas yog muaj cov kawm ntawv nyob rau hauv thiab, thaum lub Ob- hli nrab ntawd. Thov soj qab saib rau [Sacramento County Public Health's webpage regarding COVID-19 vaccinations](#), thaum twg muaj kev qhia los ntawm koj tus kws khomob thiab yog thaum twg muaj rau cov tibneeg ua haujlwm txhaj lawm, peb mam li qhia rau nej paub tamsim (Ib txhia cov tibneeg ua haujlwm tej zaum lawv twb mus txhaj tau ntawm lawv tus kws khomob lawm). Lub limtiam no xwb, peb twb muaj txog li 100 tus tibneeg ua haujlwm rau Student Support and Health Services lawv twb txhaj lawv thawj koob tshuaj tivthaiv rau COVID-19 lawm, uas yog cov school nurse, mental health therapists thiab school psychologists. Peb xav qhia hais tias thaum peb pib qhib tej chaw ua haujlwm zuj zus lawm, peb yuav tsum tau ua tib zoo thiab ua txhua yam li qhov peb paub los mus ua kom tsi txhob kis tus kabmob COVID-19 thiab yuav tau txhawb rau txojkev uas txhaj cov tshuaj vim qhov no yuav pab kom peb yuav rovqab qhib tau peb cov tsev kawm ntawv thiab yuav rov tuaj kawm ntawv tau tim ntsej tim muag.

Qhov no yog hais tshwjxeeb rau kev tuaj kawm ntawv tim ntsej tim muag, peb xav qhia rau nej paub hais tias nagmo California Department of Public Health tau issue lossis muab ib qhov guidance (kev coj) tshiab rau tasnrho cov tsev kawm ntawv dawb thiab thiab cov tsev kawm ntawv ntiav, uas los hloov qhov kev coj guidance qub yav tas los tshwj tsuas yog [Guidance Related to Cohorts for Children and Youth](#). Peb thov nqua hu kom koj mus saib cov guidance

tshiab koj thiab li paub : [COVID-19 Consolidated Schools Guidance](#) and [CA Safe Schools for All](#).

Thaum xaus lub litiam no, nco ntsoov hais tias Elk Grove USD Food & Nutrition Services muaj zaub mov noj pub dawb rau cov tub ntxhais, 18 xyoo rov hauv, tsi hais txawm tsevneeg yuav muaj kev tu ncu lossis tsi muaj. Cov zaub mov yeej qab thiab txhua tus tub ntxhais yeej paub hais tias noj zoo rau lub cev. Nws yog cov zaub mov uas tshiab, yog cov txiv hmab txiv ntoo thiab tej zaub uas cog hauv lub zej zos xwb & tej zaub mov uas zoo yuav pab tau cov tub ntxhais kev kawm ntawv kom zoo. Tamsim no koj cov tub ntxhais kawm ntawv nyob tom tsev lawm xwb, cov zaub mov no yuav pab txuag tau nej tej nyiaj thiab sijhawm uas koj yuav tau mus yuav zaub mov pem khwv los npaj. Cov zaub mov muaj rau nej mus nqa ntawm kev (curb-side), feem ntau nyob rau ntawm cov tsev kawm ntawv hauv lub District, thiab mus nqa tau hnuv Tuesday's thiab Friday's thaum 6:45 a.m. – 8:00 a.m. thiab 11:30 a.m. – 12:30 p.m. Yog no yog thawj zaug tsevneeg tuaj nqa, tsuas xav kom nej muab tau puavpheej qhia txog nej cov meyuam; qhov no yoojyim ua heev los ntawm qhov uas cia li qhia lossis show lawv ParentVue lossis muab ntaub ntawv uas muaj tus menyuam lub npe ntaus nyob rau ntawd. Yog xav tau kev qhia ntxiv thov mus saib rau Food & Nutrition Services Website (<http://equsdschoolmeals.com/>).

Peb tos ntsoov yuav ua haujlwm pub rau koj. Thov kom koj ntsib txojkev noj qab nyob zoo.

EGUSD Cov Thawjcoj