

# Thaum Twg Kuv Mam Li Tso Tau Kuv Tus Menyuam Tuaj Kawm Ntawv?

+Mob licas thiab Mob Dabtsi	Puas Cia Kuv Tus Menyuam Mus Kawm Ntawv?
<b>Mob Licas Rau Khaub Thuas lossis Mob Allergies</b> Txhaws ntswg / los ntswg, txham, hnoos	<b>TOS ME NTSIS</b> – vim tseem tab tom muaj qhov COVID-19 Pandemic no thov mus nrog tsev neeg tus kws kho mob los sis hu rau lub tsev tos txais ntawm EGUSD tus niam kho mob tham.
<b>Ua Sav, Ua Qes, thiab Mob Licas</b>	<b>MUS TAU</b> – Yog hais tias tsi paub meej tias mob licas tiag thiab koj tus menyuam yeej (mus kev, hais tau lus, noj tau mov) nws yuav tsum tau tuaj kawm ntawv. Yog hais tias mob heev, thiab tsi ntaug li, lossis yuav tsum tau tej yam los pab rau nws xws li (brace- ib tus hlau tuav, ACE bandage ntau qhwv, pab nrnis), yuav tsum tau mus ntsib tus kws khomob. Yog yuav tsum tau tej yam li no los pab ntxiv <b>yuav tsum tau ib daim ntawv ntawm tus kws khomob</b> .
<b>Cov Kabmob Uas Mob Ntev Tsi Paub Zoo Li (Asthma, Ntsav Qabzib, Allergies, Kabmob Ntshav, Qaug Dabpeg, Etc.)</b> Chronic disease yog ib cov kabmob uas mob ntev ntev thiab tsuas noj tshuaj los pab tswj kom nyob taus xwb yeej tsi zoo tus mob hlo li.	<b>MUS TAU</b> – Koj tus menyuam yuav tsum tuaj kawm ntawv. Yeej muaj ib cov tibneeg ua haujlwm pem tsev kawm ntawv uas yeej muaj kev kawm kev cobqhia uas yuav pab tau koj tus menyuam rau nws tej kev mob no. Yog koj tus menyuam yuav tsum tau noj tshuaj lossis txhaj tshuaj nyob pem tsev kawm ntawv, thov mus peb lub office mus nqa daim ntawv tso cai (Medication Authorization Form).
<b>Kev Mob Thaum Coj Khaub Ncaws</b>	<b>MUS TAU</b> – Feem ntau kev mob coj khaubncaws kuj tsi yog ib qhov teebmeem. Yog hais tias mob heev thiab cuam tshuam tau rau koj tus ntxhais kev kawm ntawv, yuav tsum tau mus ntsib tus kws khomob.
<b>Tus Menyuam Tsi Xav Tuaj Kawm Ntawv</b> Nws pheej quaj tas li xwb, muaj kev ntshai, pheej npau taws, tsi xav nrog leejtwg tham pem, tus cwjpwm hloov lawm, mob plab, qaug ncig leeg  (Tej yam uas pom muaj li no, tej zaum yog muaj kev nyuaj siab tu siab, kev txhawj ntshai, muaj kev nyuaj siab heev yav dhau los, lossis txhawj ntshai txog dabtsi)	<b>MUS TAU</b> – Koj yuav tsum cia kom tus menyuam tuaj kawm ntawv, tiamsis yuav tsum tau saib seb yog tim licas thiaj muaj tej yam kev hloov li no. Nws yog ib yam tseem ceeb heev uas yuav tsum muaj kev sis txuas lus nyob nruab nrab ntawm niamtxiv thiab cov tibneeg uas haujlwm pem tsev kawm ntawv xws li ( cov thawj saib kev kawm ntawv, cov xibfbw, counselor, etc) sub thiaj tsi muaj kev nyuaj rau koj tus menyuam kev sis raug zoo nrog tej phoojywg lossis nws kev kawm ntawv. Tej yam li no lossis lwm yam teebmeem uas muaj tej zaum yuav tsum tau kev pab los ntawm cov tibneeg ua haujlwm.
<b>Niamtxiv Muaj Mob, Mus Pw Tsev Khobmob , lossis Muaj Kev Nyuaj Siab</b>	<b>MUS TAU</b> –Yog koj tus menyuam qhaj ntawv vim koj mob, qhov uas nws qhaj ntawd suav tau hais tias, nws qhaj tsi muaj qab hau. Yog hais tias koj thauj tsi tau koj tus menyuam tuaj kawm ntawv, thov nrhiav dua lwm txojkev uas yuav thauj tau koj tus menyuam tuaj kawm ntawv thiab los tsev. Nws yog ib qhov uas zoo uas yuav tsum tau npaj tej kev thauj mus los no uantej, sub yog thaum twg muaj tej yam tshwmsim los thiaj muaj tus pab yus thauj lawv.

# Thaum Twg Kuv Mam Li Tso Tau Kuv Tus Menyuam Tuaj Kawm Ntawv?

<b>Ua Npaws</b> Yog ua npaws ces yeej yog mob, tshwjxeeb yog koj tus menyuam ua npaws kub tshaj li 100 lossis siab dua, cia lawv nyob twb ywm tom tsev txog rau thaum nws tus npaws zoo thiab tsi kub tshaj 100 nyob rau 24 xamoos uas tsi siv tshuaj dabtsi los pab kom nws lub cev kub tsi txhob kub. Yog nws tus npaws tsi zoo, koj yuav tsum hu mus nrog kws khomob tham.	<b>MUS TSI TAU</b> - Yog koj tus menyuam ua npaws kub tshaj li 100 lossis siab dua, cia lawv nyob twb ywm tom tsev txog rau thaum nws tus npaws zoo thiab tsi kub tshaj 100 nyob rau 24 xamoos uas tsi siv tshuaj dabtsi los pab kom nws lub cev kub tsi txhob kub. Yog nws tus npaws tsi zoo, koj yuav tsum hu mus nrog kws khomob tham.
<b>Raws Plab</b> Kev uas raws plab, tej zaum yog muaj mob thiaj li raws tiamsis tejzaum yog noj zaub mov lossis noj tshuaj tsi haum thiab.	<b>MUS TSI TAU</b> – Yog, koj tus menyuam tsi yog raws plab xwb, koj tus menyuam tseem mob thiab, ua npaws thiab ntuav, yuav tsum cia nws nyob twb ywm pem tsev. Yog hais tias nws tseem pheej raws plab, koj yuav tsum hu mus nrog kws khomob tham.
<b>Ntuav</b>	<b>MUS TSI TAU</b> – Cia koj tus menyuam nyob twb ywm pem tsev kom nws tsi txhob ntuav li 24 teev tso. Yog tseem pheej ntuav thiab, yuav tsum hu mus nrog kws khomob tham.
<b>Tawm Pob</b>	<b>MUS TSI TAU</b> – Yog koj tus menyuam tawm ib cov pob uas tseem tsi tau paub hais tias yog dabtsi tiag, yuav tsum tau ib daim ntawv los ntawm kws khomob hais tias cov pob ntawd yeej tsi kis thiab nws tuaj kawm ntawv tau.

Revised: 2/17/21