



# 2025 WELLNESS REBATE CERTIFICATION FORM

**For Employees with  
KAISER PERMANENTE (KP)  
Medical Coverage  
(Payment Authorization and  
Wellness Consultation Information)**

**EGUSD USE ONLY**

Verified: \_\_\_\_\_

Kaiser Permanente  
Release of Medical Information

**916-525-6940**  
[ssc-roi-dept@kp.org](mailto:ssc-roi-dept@kp.org)

**Form due no later than October 1, 2025 by 5pm. Forms will be accepted starting November 1, 2024.**

**1. Employee**    EIN: \_\_\_\_\_    First Name: \_\_\_\_\_    Last Name: \_\_\_\_\_

Phone #: \_\_\_\_\_    Confirmation Email: \_\_\_\_\_    Work Location: \_\_\_\_\_

**2. Glucose & Cholesterol Screening**    Completed: \_\_\_\_\_    Date: \_\_\_\_\_

Employee's Physician/Representative Signature

Contact your Primary Care Provider (PCP) to order your EGUSD Wellness lab work. No appointment is required once the lab work has been ordered. You may drop in to any KP laboratory for screening. This screening is a zero co-pay visit. Fasting may be required – please confirm with your PCP's office at the time labs are ordered. Do not ask laboratory personnel to sign this form. A co-pay may be required if your PCP decides you require more comprehensive labs. Completion of this requirement is indicated by your PCP's signature above at the end of your Wellness Consultation.

**3. Health Risk Assessment**    Completion Date (per employee): \_\_\_\_\_

A health risk assessment is a series of questions to help employees become aware of any health risks. The District will not have access to your individual answers. Completion of this requirement is accomplished by taking the Total Health Assessment (THA) offered through Kaiser Permanente by visiting <http://blogs.egusd.net/wellness/> and clicking on the health risk assessment logo. After finishing the THA, enter the date it was completed.

**4. Wellness Consultation**    Completed: \_\_\_\_\_    Date: \_\_\_\_\_

Employee's Physician/Representative Signature

Including Blood Pressure & Body Mass Index (BMI)

A Wellness Consultation is a visit with your PCP that includes information regarding recommended age-appropriate screenings and a review of your biometric screens (Glucose & Cholesterol screening), blood pressure screening, BMI, and health risk assessment. Blood pressure screening and BMI, which is a height and weight measurement, will be completed as part of your Wellness Consultation. One Wellness Consultation appointment per calendar year is a zero co-pay visit. If your Wellness Consultation becomes a more comprehensive appointment about matters outside the area of the Wellness Consultation, the visit may be subject to a \$30 co-pay.

**5. Employee Certification**

Before submitting this form, did you:

- Complete shaded items 1, 3, and 5?
- Obtain approvals from your Primary Care Provider (PCP) for items 2 and 4?

I certify that I have completed the necessary requirements above and hereby authorize Kaiser Permanente to confirm that I have received an annual Wellness Consultation and have been informed of recommended age-appropriate screenings. I understand that completed forms are subject to verification. *No private health information is to be disclosed as part of the confirmation.*

**Employee Signature:** \_\_\_\_\_    **Date:** \_\_\_\_\_

**Instructions on Completing Wellness Rebate Certification Form for Kaiser Permanente (KP) members:**

- Schedule an appointment with your Primary Care Provider (PCP) and request labs by either:  
 KP.org on-line member access:    Phone contact:  
 Schedule an appointment for May 31, 2024 or after by choosing "routine checkup" or "physical" as the appointment choice    Call your Primary Care Providers (PCP) office to request a routine checkup appointment for May 31, 2024 or after  
*and*    *and*  
 send a message to your Primary Care Provider (PCP) requesting labs for your EGUSD Wellness Consultation    ask that a message be sent to your Primary Care Provider (PCP) requesting labs for your EGUSD Wellness Consultation

**NOTE: KP ALLOWS ONE WELLNESS CONSULTATION PER CALENDAR YEAR AT NO CHARGE – APPOINTMENT MUST OCCUR WHEN BENEFIT ELIGIBLE WITH EGUSD**

- Complete labs at a Kaiser Permanente laboratory facility at least 2 days prior to appointment.
- Complete the online health risk assessment (see Box 3 below for additional information).
- Complete the appointment with your PCP – **bring this form and ask the PCP to approve Boxes 2 and 4 above.**
- Review the form to ensure items 1-5 are completed (employees are to complete shaded items), retain a copy of form for your records, and return the original form to EGUSD Compensation & Benefits office via intradistrict mail, in person or email to [benefits@egusd.net](mailto:benefits@egusd.net)

Retain a copy of completed form for your records and return the original completed form to the Benefits office, Room 202, via intradistrict mail, in person or email to [benefits@egusd.net](mailto:benefits@egusd.net)