

Wellness Walk Path Hand Guide

Edward Harris, Jr. Middle School

Walk Path Map

Three Paths Available



Yellow Path

▶ 1 lap = 1 mile



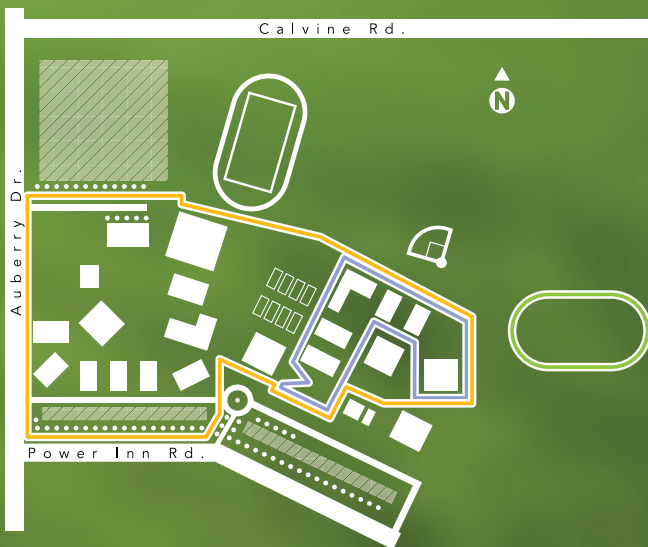
Purple Path

▶ 2 laps = 1 mile



Green Path

▶ 4 laps = 1 mile



Presented by



KAISER PERMANENTE®

