COVID-19 Symptom & Quarantine Decision Tree for Pre-Schools & Child Care

Student or staff has any of the following **NEW** symptoms**:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Exclude from pre-school/child care.

EITHER

Test* for COVID-19.

Receive an **alternative named diagnosis** from a health care provider.

If no test or alternative diagnosis, **exclude** for 10 days from symptom onset. May return on Day 11 if at least 24 hours have passed since fever and symptoms have improved significantly.

POSITIVE

ISOLATION:
Individual must **isolate** at home. May return to pre-school/child care on Day 11 after symptom onset if at least 24 hours have passed since fever and symptoms have improved significantly. Isolation period may **NOT** be shortened due to subsequent negative test results.

CONTACT TRACING:
Identify all close contacts (>15 minutes within 6 feet of COVID-19 positive individual in 24 hour period), follow quarantine guidance, and report to SCPH.

Is the exposed person **vaccinated**?

YES

Is the exposed person **symptomatic**?

NO

May return to campus. COVID-19 testing recommended.

NO

QUARANTINE:
Exclude for 10-days from last exposure. Test* as soon as identified as contact and again on/after Day 5 from last exposure.

Quarantine can end **after** Day 7 if a diagnostic specimen is collected on Day 5 or later from the date of last exposure and tests negative and is asymptomatic.

NEGATIVE

May return to pre-school/child care if at least 24 hours have passed since fever and symptoms have improved significantly. A negative antigen test result on a symptomatic individual must be confirmed with a negative PCR test result before clearance to return.

YES

Test* for COVID-19.

NEGATIVE

May return if at least 24 hours have passed since fever and symptoms have improved significantly.

POSITIVE

ISOLATION:
Must **isolate** at home. May return on Day 11 after symptoms started if at least 24 hours have passed since fever and symptoms have improved significantly. Isolation period may **NOT** be shortened due to subsequent negative test results.

* PCR or rapid antigen test are acceptable. Negative rapid antigen test on symptomatic patient must be confirmed with PCR.
** If someone had COVID-19 in the last 90 days and has symptoms, contact SCPHschools@saccounty.net for assistance.
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SACRAMENTO COUNTY PUBLIC HEALTH
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