Preparing for College Checklist SOPHOMORE YEAR

September-October		
	Check your high school classes to ensure that you are taking courses to meet graduation	
	requirements and post graduation plans. Contact your counselor if you have any	
	concerns.	
	Develop a serious attitude toward your studies. Your grade point average (GPA) and	
	class rank are important considerations for college acceptance.	
	Develop good study habits. If you find yourself struggling at any time first consult your	
	teacher, then seek tutoring assistance and finally consult the academic counselor at	
	your school.	
	The PSAT is scheduled in October of each year. Please check which date your school will	
	be administering the PSAT.	

November-December

Visit the Career Center. Become familiar with the reference materials and the Internet in
the career center for career and post secondary exploration and information.
Plan ahead for project deadlines and semester exams.
Plan your extracurricular class and community activities carefully. They will be needed
on your resume for college or for work.
Begin to compile information to develop a resume. Activities, GPA, class rank, special
programs, internships and school awards or scholarships should be included.

January-February-March-April-May

Discuss your career or educational goals with your parents and counselor.
Use the Career Center to review Post Secondary materials.
Make a list of schools, jobs, and colleges to which you may want to consider applying.
Check the entrance requirements to schools on your list.
Make sure you select appropriate course work for next year and for colleges in
consideration.
Prepare to take the California High School Exit Exam (CAHSEE).