

Edward Harris, Jr. Middle School  
Physical Education

Dear Parents and Guardians,

I would like to welcome you and your family to Edward Harris, Jr. Middle School. My name is Holly Bigley and I will be your child's physical education teacher this 2006-2007 school year. My hope is that your child's physical education experience is positive and successful. The curriculum is challenging and provides enough variety to tap the interests of a diverse student population. Your child will have the opportunity to learn skills to successfully participate in a lifetime of healthy activities. With that in mind, the ultimate goal is for each child to have the skills, knowledge and attitude necessary to make positive and healthy life choices.

During the first week of school, each student will receive and bring home to you, a copy of the Physical Education Handbook. This handout, which is to be kept in your child's P.E. notebook, provides important information concerning appropriate dress, our loaner P.E. policy, lock and locker room procedures, parent and doctor excuses, standards for behavior, and student responsibilities. Please take some time to go over this information with your child.

Your child will be required to bring his/her P.E. notebook (folder/binder) and a pencil to class everyday until told otherwise. Handouts, homework, run charts, fitness charts, and notes will be kept in this folder. Your child should also bring binder paper with them to class daily. In an effort to support the other curriculums, you and your child should expect to have a written assignment weekly. My goal is to assign all homework on Mondays and collect them on Wednesdays. It is my expectation that all assignments be done in full complete thoughtful sentences. If your child is absent, he/she needs to see me before school, lunch or after school to make up any assignment missed during their absence, which includes the movement activities. Your child's grade will be composed of three areas: (40%) movement, (40%) social skills, and (20%) academic.

Listed below are the units of instruction that your child will be participating in:

1. Recreational Games
2. Frisbee
3. Bowling
4. Track & Field
5. Health/Dance
6. Handball
7. Intro. to team sports

I look forward to working with your child in Physical Education and to speak with you in the near future. Please contact me with any concerns regarding your child either by phone or e-mail. You can expect to receive a progress check either by mail or your child bringing one home on the following dates: September 13<sup>th</sup>, October 5<sup>th</sup>, and October 27<sup>th</sup>.

Sincerely,

Holly Bigley  
Physical Education, 7<sup>th</sup>  
(916)688-0080  
Prep Time 2nd period 9:35-11:15  
[hbigley@egusd.net](mailto:hbigley@egusd.net)

RESPECT\*RESPONSIBILITY\*HONESTY\*EMPATHY\*CITIZENSHIP\*FAIRNESS