

Sheldon High School 2009-2010  
Dance Contract

The following is a list of requirements and expectations for attending dances at Sheldon High School.

1. Prior to the dance
  - a. This contract must be signed and presented at the time the student purchases the first ticket to the dance. Only one contract need be completed for the year.
  - b. When students purchase their ticket they must present their current Sheldon ID card.
  - c. Students must present their current Sheldon ID card and ticket (receipt) at the door when they enter. **Please do not check your ID card at the coat check – it must be on you at all times.**
  - d. Students may be searched at the entrance to the dance.
2. Dress code requirements
  - a. Strapless Dresses
    - i. Must be stable and stay in place at all times.
    - ii. Student must be able to touch both their collar bone and the top of the dress with open hand and closed fingers (approximately four inches – see diagram)
  - b. Back of Dress
    - i. Dress may not be lower than the middle of the back
  - c. No undergarments showing
    - i. Exception: Bra straps may show only with spaghetti strap dresses but they must match the color of the dress strap or be clear.
  - d. Tops, Shirts, and Blouses
    - i. Scoop neck or v-neck cut tops cannot be more than 5” from the collar bone
    - ii. No halter tops, spaghetti straps, tube tops, backless bib tops, or bra like tops – straps must be at least ½” in width and must cover bra straps
    - Exceptions: one strap tops are allowed
  - e. Shoes
    - i. Must be clean and dance appropriate.
    - ii. No flip-flops.
    - iii. Tennis shoes are not permitted at formal dances (Junior Prom and Senior Ball) They may be worn at Homecoming dances if they are clean and appropriate.
  - f. No low cut “revealing” dresses/tops or excessive cleavage.
  - g. Hemline and/or slits on dresses must be below the mid-thigh. Shorts at informal dances must be mid-thigh.
  - h. No rips or holes in clothing (designer cutouts are permitted).
  - i. No T-Shirts or undershirts as the main focus (t-shirts and undershirts must be accompanied by appropriate outerwear) (Junior Prom, Senior Ball, and Homecomings)
    - i. Appropriate T-Shirts are allowed at informal dances. (Welcome Back and Yearbook Dances)
  - j. No denim clothing at formal dances (Junior Prom, Senior Ball, Homecomings)
  - k. No sagging pants.
  - l. No more than one inch of midriff showing.
  - m. No ball caps may be worn.



If you have any questions or concerns, please contact administration AT LEAST 24 HOURS BEFORE THE DANCE.

3. Dancing Regulations
  - a. No rubbing of one’s bottom on another person’s private area.
  - b. If when dancing, a couple is facing the same direction, there must be a hand’s length of space between the two (approx. 6”) and they must be dancing in a respectful manner.
  - c. No body parts other than your feet may be touching the ground while dancing.
  - d. No break dancing without permission from an adult supervisor.
  - e. Partners may face one another while dancing in a hug position; however, this must be done in an appropriate manner.
  - f. No lifting dance partner off of the floor.
  - g. No wrapping of legs around any other person.
  - h. No grabbing, touching, or rubbing another person in a distasteful or unwanted way.
4. Consequences
  - a. Dancing Violations
    - i. 1st warning: ID card taken.
    - ii. 2nd warning: Removal from dance.
    - iii. If ID card is taken or asked for more than twice in a school year, you may not attend dances for one full year. Letter mailed home.
  - b. Dress Code Violations
    - i. If dress code is not followed, student will not be permitted to enter the dance.

**I have read, understand, and agree to comply with the Sheldon High School Dance Contract as stated above.**

\_\_\_\_\_  
STUDENT NAME (Print)

\_\_\_\_\_  
ID Number

\_\_\_\_\_  
PARENT NAME (Print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date