

Cov Qauv Yuav Tau Ua Raws Thaum Tus Tub Ntxhais Muaj Mob



YOG MUAJ COV MOB LI NO	THAUM TWG THIAJ YUAV TSUM TAU NYOB TSEV	THAUM TWG MAM LI ROVQAB TUAJ KAWM NTAWV TAU
CIA LI TSI XIS NYOB	Thaum muaj tej yam mob tshiab lossis muaj tej yam mob uas ua rau tus menyuum koom ua tsi tau tej activities lawm.	Thaum uas zoo lawm mam tuaj. Yog hais tias muaj ib tus kabmob lossis muaj mob (infection), thov mus ntsib tus School Nurse thiab mus saib phau (binder) rau kev PAB.
KUB CEV UA NPAWS	Thaum kub cev ua npaws txog 100 degrees Fahrenheit lossis siab dua.	Thaum tsi kub cev ua npaws li 24 teev lawm uas tsi tas yuav noj tshuaj los pab
NTUAV	Thaum tus tub ntxhais ntuav pem tsev lossis pem tsev kawm ntawv.	Thaum tsi ntuav txog li 24 teev lawm.
THOJ PLAB HAW QUAV	Thaum tus tub ntxhais thoj plab haw quav pem tsev lossis pem tsev kawm ntawv.	Thaum tsi haw quav txog li 24 teev lawm.
MOB QA	Thaum ua tsi tshuam tau pa lossis nqos es pheej mob qa, lossis pheej los quavcaug tas li.	Thaum uas zoo lawm. Yog hais tias yuav tau noj tshuaj (antibiotic), yuav tsum tau noj thawj lub tshuaj kom ntev txog li 24 teev tso mam li rov tuaj.
TAU KHAUBTHUAS, XWS LI HNOOS, TXHAWNS NTSWG, TXHAM	Thaum uas mob heev, hnoos heev/ ua tsi tshuam taus pa lossis ib pas tsi cuag ib pas, lossis pheej hawb yog thaum tsi siv tshuaj los pab tswj (xws li lub inhaler uas pab kom ua taus pa).	Thaum uas zoo lawm.
MOB POBNTSEG LOSSIS QHOVMUAG	Thaum tsi pom kev zoo lossis tsi hnov lus zoo, lub qhov muag pheej los los kua, ua raug mob rau lub qhovmuag, lossis mob dhau thev tsi taus.	Thaum uas zoo lawm. Yog hais tias yuav tau noj tshuaj (antibiotic), yuav tsum tau noj thawj lub tshuaj kom ntev txog li 24 teev tso mam li rov tuaj.
TAWM IB COV POB (RASH)	Thaum tawm ib cov kua tuaj lossis muaj qhov txhab to, daim tawv nqaij doog yam tsi tau ua dabtsi raug tawm ib cov pob ntau zuj zus tuaj, mob heev, daim tawv nqai liab liab ua tej thaj, lossis txhawb xeeb txog txhais tes, kotaw, thiab qhov ncauj.	Thaum uas zoo lawm, lossis tau kws khomob daim ntawv hais tias tuaj tau lawm (clearance).
RESPIRATORY VIRUS DIAGNOSIS (MUAB MOB RAU COV HLA UA PA) (COVID-19 FLU, RSV)	Thaum kub cev ua npaws, ua daus no, ib ce tsaug tsaug, hnoos, los ntswg, thiab mob tohau. Yog zoo li tau khaub thuas tiamsis tsi kub cev, thov mus saib rau ntawm qhov uas hais "COLD SYMPTOMS" saum toj no.	Thaum twb tsi kub cev ua npaws li 24 teev lawm uas tsi tas yuav noj tshuaj los pab thiab lwm yam mob los zoo zuj zus lawm. Xav kom yuav tsum tau looj lub npog qhovcauj qhov ntswg (mask) 5 hnub tomqab uas rov tuaj kawm ntawv.

Yog muaj lus nug? Thov hu rau koj tus Credentialed School Nurse